RX J0440.9+4431: another supercritical X-ray pulsar

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ABSTRACT

In the beginning of 2023, the Be transient X-ray pulsar RX J0440.9+4431 underwent a first-ever giant outburst observed from the source peaking in the beginning of February and reaching peak luminosity of $\approx 4.3 \times 10^{37}$ erg s⁻¹. Here, we present the results of a detailed spectral and temporal study of the source based on *NuSTAR*, *Swift*, *INTEGRAL*, and NICER observations performed during this period and covering wide range of energies and luminosities. We find that both the pulse profile shape and spectral hardness change abruptly around $\approx 2.8 \times 10^{37}$ erg s⁻¹, which we associate with a transition to supercritical accretion regime and erection of the accretion column. The observed pulsed fraction decreases gradually with energy up to 20 keV (with a local minimum around fluorescence iron line), which is unusual for an X-ray pulsar, and then rises rapidly at higher energies with the pulsations significantly detected up to ≈ 120 keV. The broad-band energy spectra of RX J0440.9+4431 at different luminosity states can be approximated with a two-hump model with peaks at energies of about 10–20 and 50–70 keV previously suggested for other pulsars without additional features. In particular, an absorption feature around 30 keV previously reported and interpreted as a cyclotron line in the literature appears to be absent when using this model, so the question regarding the magnetic field strength of the neutron star remains open. Instead, we attempted to estimate field using several indirect methods and conclude that all of them point to a relatively strong field of around $B \sim 10^{13}$ G.

Key words: accretion, accretion discs – scattering – stars: magnetic field – stars: neutron – pulsars: general – X-rays: binaries.

1 INTRODUCTION

RX J0440.9+4431 (thereafter referred as RX J0440) was discovered by Motch et al. (1997) as part of the *ROSAT* Galactic plane survey and classified as a Be/X-ray binary based on properties of the identified optical counterpart BSD 24-491/LS V +44 17, which has spectral type B0.2Ve (Reig et al. 2005a). Reig & Roche (1999) showed that the compact object in the system is an X-ray pulsar (see Mushtukov & Tsygankov 2022, for a recent review), with the pulse period of $P_{\rm spin} = 202.5 \pm 0.5$ s. No previous outburst activity in combination with a low-luminosity of ~ 10^{34-35} erg s⁻¹ and a large pulse period led Reig & Roche (1999) to suggest that RX J0440 is a member of a not so numerous family of persistent low-luminosity Be/X-ray binaries.

In March 2010, the MAXI (Monitor of All-sky X-ray Image) allsky monitor detected, however, the first outburst from the source (Morii et al. 2010) which peaked at 3.9×10^{36} erg s⁻¹ (3–30 keV; Usui et al. 2012) suggesting that source is actually a transient with relatively high quiescent luminosity $L_{\rm X} \sim 10^{34}$ erg s⁻¹. Assuming the distance to RX J0440 of $2.44^{+0.06}_{-0.08}$ kpc (Bailer-Jones et al. 2021), the observed luminosity remained far below 10^{37} erg s⁻¹ typical for the Type I outbursts of Be X-ray binaries (Finger & Camero-Arranz 2010; Krivonos et al. 2010; Morii et al. 2010; Reig 2011; Tsygankov, Lutovinov & Krivonos 2011).

RX J0440's soft X-ray spectra measured with different X-ray observatories can be approximated with a combination of power-law and blackbody components with the inclusion of the 6.4 keV iron line (La Palombara et al. 2012; Tsygankov, Krivonos & Lutovinov 2012; Usui et al. 2012). At higher energies an absorption feature at \sim 30 keV interpreted as a possible cyclotron line was reported (Tsygankov et al. 2012), which implies magnetic field of 3 \times 10¹² G. This estimate was also consistent with the magnetosphere size estimated based on the frequency of a break in the source power density spectra (Tsygankov et al. 2012). However, subsequent research has raised doubts about the existence of this spectral feature (Ferrigno et al. 2013). High-quality broad-band observations are necessary to definitively determine the presence or absence of the cyclotron resonant scattering feature (CRSF) in the spectrum of the source.

The pulse profile of RX J0440 has been reported to have a simple sine-like shape (Reig & Roche 1999) modified at soft energies by a narrow dip, which can be interpreted as absorption by the accretion stream or the accretion column (Tsygankov et al. 2012; Usui et al. 2012). The orbital parameters of the system are not known. However, based on *Swift*/BAT (Burst Alert Telesope) telescope data, the presence of an orbital variations with ~155 d period was reported by Tsygankov et al. (2011), and the period of 150.0 \pm 0.2 d was measured more precisely by Ferrigno et al. (2013), which is in good

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Table 1. Summary of the broad-band observations.

| Observation | MJD | Exposure, ks | Observatory | |
|-------------|-------|--------------|-------------|--|
| NuObs1 | 59969 | 11.7 | NuSTAR | |
| IntObs1 | 59972 | 99.7 | INTEGRAL | |
| IntObs2 | 59977 | 115.2 | INTEGRAL | |
| NuObs2 | 59979 | 8.8 | NuSTAR | |
| NuObs3 | 60041 | 47.4 | NuSTAR | |

agreement with the estimates based on the Corbet diagram (Reig et al. 2005b).

The most recent Type I outburst of RX J0440 was detected on 2022 December 29 by the MAXI all-sky monitor (Nakajima et al. 2022). Based on the *Swift*/BAT data, the outburst peaked on 2023 January 4 with the flux of ~0.6 Crab in the 15–50 keV band ($L \approx 5 \times 10^{36} \text{ erg s}^{-1}$). After that, the source began to fade rapidly, until a trend reversed around January 13 with the onset of a giant (Type II) outburst eventually peaking at around ≈ 2.2 Crab in the 15–50 keV band ($L \approx 2 \times 10^{37} \text{ erg s}^{-1}$) on 2023 January 20 (Pal et al. 2023).

During a bright outburst, X-ray pulsars may go through a transformation of the geometrical structure of emitting regions on the neutron star surface from a simple hot spot to an extended accretion column. This occurs when the so-called critical luminosity, theoretically estimated as few $\times 10^{37}$ erg s⁻¹ (depending on the magnetic field strength; Basko & Sunyaev 1976a; Becker et al. 2012), is exceeded. Reaching this value, RX J0440 becomes an excellent object for studying the transition of pulsars to a supercritical regime of accretion. Several follow-up observations by *NuSTAR* and *INTEGRAL* were conducted on MJD 59969 (Salganik et al. 2023), 59979, 60041, and MJD 59972, 59977, respectively. Here, we report the results of analysis of this data and results of a monitoring campaign with *Swift* and NICER.

2 DATA ANALYSIS

In our work, we utilized data from the NICER, *Swift*, *NuSTAR*, and *INTEGRAL* observatories to study RX J0440's temporal and spectral properties throughout the outburst. The NICER and *Swift* data allow to study evolution of spectra and pulse profiles of the source in soft X-ray band in wide range of luminosity, whereas the broadband *INTEGRAL* and *NuSTAR* observations allowed us to study RX J0440 in wide range of energies. A summary of the broad-band observations is presented in Table 1.

2.1 NuSTAR observatory

NuSTAR consists of two identical co-aligned X-ray focal plane modules (FPM) called FPMA and FPMB (Harrison et al. 2013). The *NuSTAR* observatory provides wide band 3–79 keV data with a high sensitivity in the hard X-ray energy band, a good energy resolution of 400 at 10 keV, and angular resolution of 18 arcsec (FWHM). *NuSTAR* observations of RX J0440 were performed on 2023 January 25 (ObsID 90901302002; MJD 59969), February 4 (ObsID 90901304002; MJD 59979), and April 7 (ObsID 90901313002; MJD 60041) during the rising, peak, and decline parts of the outburst respectively (see Table 1). From now on, we will refer to them in the text simply as NuObs1, NuObs2, and NuObs3. To extract events from the source, circular regions with radii of 60, 65, and 40 arcsec were used for NuObs1, NuObs2, and NuObs3, respectively, and background circular regions with radii of 120 arcsec were used to maximize signal-to-noise ratio at high energies.

NuSTAR observations were processed in accordance with the official guidelines.¹ The HEASOFT package version 6.31.1 and calibration files CALDB version 20211202 (clock correction file 20100101v160) were used for processing. The spectra and light curves were extracted using the nuproducts procedure, which is part of the nustardas pipeline. The spectra after background subtraction were rebinned to have at least 25 counts per energy bin using grppha utility. The light curves of FPMA and FPMB were barycentric corrected using the barycorr procedure and after background subtraction were co-added using the lcmath task in order to improve the statistics. No corrections were applied to account for binary motion as the orbit of the source is not known at the time of writing.

2.2 Swift observatory

To study the evolution of flux (see Fig. 1) and spectrum throughout the outburst, a monitoring campaign with the XRT telescope (Burrows et al. 2005) onboard the Neil Gehrels Swift Observatory (Gehrels et al. 2004) consisting of 16 observations (ObsIDs 00089583001-5, 7-10, 19, 22-31, 01150107000) was triggered. The observations cover time interval MJD 59950-60043 and were performed in the Photon Counting (PC) and Windowed Timing (WT) modes depending on the count-rate in a given observation. The observations potentially affected by pile-up (the threshold count rate was taken to be more than 75 count s^{-1} for WT mode and more than 3.5 count s^{-1} for PC mode) were excluded from the analysis (namely, ObsIDs 00089583011-18, 20, 21; 00089583019 was excluded due to low exposure). Data analysis software² (Evans et al. 2009) provided by the UK Swift Science Data Centre was used to extract the source spectrum in each separate observation. Again, Swift/XRT spectra were rebinned to have at least 25 counts per energy bin.

2.3 INTEGRAL observatory

INTEGRAL (Winkler et al. 2003) performed two observations of RX J0440 throughout revolutions 2600 (MJD 59972–59974) and 2602 (MJD 59977–59980), thereafter we will refer to them as IntObs1 and IntObs2. In this work, we used data from the Integral Soft Gamma-Ray Imager (ISGRI) detector (Lebrun et al. 2003) of the IBIS telescope (Ubertini et al. 2003) and the Joint European X-ray Monitor (JEM-X; Lund et al. 2003) on board the observatory.

The INTEGRAL data were processed using the off-line scientific analysis (OSA, version 11.2; Courvoisier et al. 2003) software distributed by the INTEGRAL Science Data Centre (ISDC). To reconstruct energy spectra for both JEM-X and IBIS telescopes we used the multimessenger online data analysis platform (MMODA; Neronov et al. 2021). Before making the ISGRI light curves, we first recalculated the photon energies in the instrument's event files using up-to-date calibration data. To do this, we launched the OSA procedure ibis_science_analysis to the COR level. After that, the arrival time of photons in resulted files were corrected to the barycentre of the Solar system. Next, using the *ii_pif* procedure, we calculated the 'open part' of each pixel (i.e. pixel-illuminationfraction, PIF) of the detector for direction to RX J0440. Then, we constructed a light curve in a given energy band with a 1 s time resolution for 'fully open' pixels and subtracted from it a light curve obtained from the 'fully closed' pixels with the same time resolution,

¹https://heasarc.gsfc.nasa.gov/docs/nustar/analysis/nustar_swguide.pdf ²https://www.swift.ac.uk/user_objects/



Figure 1. Light curve of RX J0440 based on the NICER/XTI, *Swift*/XRT and *Swift*/BAT data. Vertical strips represent intervals of the *NuSTAR* (violet colour) and *INTEGRAL* (grey colour) observations. The luminosity was calculated assuming distance to the source of 2.44 kpc. To convert the BAT light curve into flux, the Crab count rate of 0.22 count cm⁻² s⁻¹ was assumed (Romano et al. 2014).

taking into account the number of pixels used for each light curve. In our case, when there is only one bright source in the field of view (FoV) of the IBIS telescope and the hexagonal (HEX) pattern is used (i.e. the source is always in the fully coded part of FoV), this is the simplest and most correct way to reconstruct a light curve.

2.4 NICER observatory

NICER is an externally attached payload on the International Space Station (Gendreau et al. 2016). NICER's main instrument is the X-ray Timing Instrument (XTI), operating in the 0.2–12 keV energy range, with a large effective area of 1700 cm² at 1 keV, high sensitivity, and unprecedented time-tagging resolution of less than 300 ns. We used data from the monitoring campaign of RX J0440 consisting of 101 observations covering MJD 59 942–60 049 (ObsIDs 5203610101–55, 57–58; 5400690101–2, 6203610101–43).

NICER data were reduced using the NICERDAS software and CALDB version 20221001 according the official data analysis threads.³ Barycentric correction was applied to the light curves using the barycorr procedure. All spectra were rebinned to have at least 25 counts per energy bin. All data in this work were fitted in the XSPEC 12.12.1 (Arnaud 1996) using χ^2 statistic. All errors are given at the 1 σ confidence level if not specified otherwise.

3 RESULTS

Using the data described above we were able to study temporal and spectral properties of RX J0440 at different time-scales. Fig. 1 shows the light curve of the source based on the NICER/XTI, *Swift/BAT*⁴ and *Swift/XRT* observations. *Swift/XRT* fluxes were estimated based on approximation of observed spectra using an absorbed power-law model, whereas NICER spectra required an addition of a blackbody component with temperature of $\sim 2-3$ keV.

3.1 Timing analysis

3.1.1 Pulse profile evolution with energy

To study the properties of RX J0440 in a wide range of energies, we used data from the *INTEGRAL* and *NuSTAR* observatories. Because the mass accretion rate near the peak of the outburst was very



Figure 2. RX J0440 spin-up rate $\dot{\nu}$ as a function of luminosity in the 1–10 keV range based on the NICER data.

high, the pulsar spin frequency changed significantly during the corresponding observations with the derivative $\dot{\nu} \sim (2-3) \times 10^{-11}$ Hz s⁻¹, which corresponds to a period change of $\sim 10^{-3}$ s for every 1000 s (see Fig. 2). Therefore, we folded *NuSTAR* and *INTEGRAL* light curves taking into account period derivatives to produce the pulse profiles with efold procedure from the XRONOS software package. The period and its derivative were obtained through cubic-spline-interpolation of periods from *Fermi* GBM Accreting Pulsars Program (GAPP⁵; Malacaria et al. 2020).

The observed evolution of the pulse profiles with the energy is presented in Fig. 3. In NuObs1 case, the pulse profile consists of two peaks: the main one at phases 0.7–1.1 and the secondary one at phases 0.3–0.6. As the energy increases, the relative contribution of the secondary peak grows. At phases 1.10–1.15, the previously observed dip (La Palombara et al. 2012; Tsygankov et al. 2012) is present, but its depth is gradually decreasing up to 26 keV where it finally disappears.

In NuObs2 the pulse profiles demonstrate somewhat different shape. The first thing to notice is one-peak structure of the profiles, and absence of the previously mentioned secondary peak around phase ~ 0.5 . The peak has very well-pronounced two-wing structure: the left one at phases 0.6–0.9 and the right one at phases 0.9–1.3. The

³https://heasarc.gsfc.nasa.gov/docs/nicer/analysis_threads/ ⁴https://swift.gsfc.nasa.gov/results/transients/weak/LSVp4417/

⁵https:// gammaray.nsstc.nasa.gov/gbm/science/pulsars/lightcurves/rxj0440. html



Figure 3. Pulse profiles of RX J0440 as a function of energy based on the *NuSTAR* data. Two periods are shown. Pulse profiles are spaced along the *y*-axis for better visualization convenience. Fluxes in each profile were normalized by their average. The phase of maximal flux was taken as the null phase for each observation. Black dashed lines represent the boundaries of the dip. Panels from left-hand to right-hand are for observations NuObs1, NuObs2, and NuObs3, respectively.

height of the right wing increases relative to the left one throughout 3-79 keV energy range. The previously mentioned dip at phase ~ 1.1 is not present in this observation.

The observation at the significantly lower luminosity state (NuObs3) is qualitatively similar to NuObs1. The profiles show a two-peaks structure with the main peak at phases 0.9–1.3 and a secondary peak at phases 0.6–0.8. At higher photon energies, the secondary peak increases relative to the main one. The previously observed dip at phase 1.2 is present in the profile at energies up to 32 keV.

The *INTEGRAL* data allowed us to study the pulse profiles in an extended range up to 120 keV. Pulse profiles in the case of IntObs1 and IntObs2 are very similar to the corresponding profiles of NuObs2 (Fig. 4). Both cases show a single-peak structure. The main peak consists of two wings at phases 0.6–0.9 and 0.9–1.3. The dip is not presented in profiles. The shape does not fundamentally change with an increase of the energy range, but visually the profiles become simpler and flatter. At the highest energies the profile is dominated by a single peak around phase 1.0. It is worth noting that the *INTEGRAL* pulse profiles may contain underestimated instrumental background, which may lead to distortion of the pulsating amplitude at high energies.

An important metric characterizing the configuration of emitting regions and radiation pattern is the dependence of the pulsed fraction (PF) on energy, usually defined as [max(rate)-min(rate)]/[max(rate) + min(rate)]. PF calculated from the energy-resolved pulse profiles in 20 phase bins exhibits behaviour atypical for X-ray pulsars as shown in Fig. 5. We note that a vast majority of bright X-ray pulsars demonstrate a monotonic increase in PF with increasing energy (Lutovinov & Tsygankov 2009). In NuObs1 case, PF gradually drops

from 56 to 34 per cent in the 3–20 keV band with a minor dip at the iron line energy (6–7 keV range) and then rises from 34 per cent at 20 keV to 52 per cent at 79 keV. This is in agreement with the drop in PF in the range of 0.6–20 keV indicated by Tsygankov et al. (2012). In NuObs2 case, the PF demonstrates similar behaviour, first dropping from 63 per cent at 3 keV to 52 per cent at 20 keV and then rising to 73 per cent at 79 keV, with the same minor dip at 6.4 keV iron line energy. The PF in NuObs3 at low energies is significantly lower compared to the brighter states and stays at an approximately constant level of 36 per cent below 10 keV. At higher energies, its behaviour resembles behaviour observed in the other two *NuSTAR* observations.

3.1.2 Pulse profile dependence on luminosity

To study the evolution of the pulse profile shape as a function of the luminosity during the outbursts, we constructed the time-phase matrix using the normalized pulse profiles in the 0.3–12 keV band based on the NICER data (Fig. 6). We folded the NICER light curves with GBM Accreting Pulsars Program (GAPP) cubic-spline-interpolated periods following previously mentioned procedure (see Section 3.1.1). The phase of maximal flux was taken as the null phase for the profiles. Profiles for different observations were co-aligned using points of maximal linear cross-correlation as references. The matrix shows the transition of soft-energy pulse profiles from the double-peaked structure to the single-peaked structure at approximately MJD 59971 (see Fig. 7). Subsequently, a reverse transition is observed around MJD 59995. The previously mentioned dip in the NICER and *NuSTAR* profiles disappears when 1–10 keV luminosity



Figure 4. Same as Fig. 3 but using the INTEGRAL data. Left: IntObs1. Right: IntObs2.



Figure 5. PF as a function of energy according to the *NuSTAR* data at different luminosities (NuObs1, NuObs2, and NuObs3). PF exhibits a non-monotonic behaviour not typical for X-ray pulsars, that is especially well-pronounced in the brightest states (NuObs1, NuObs2).

 L_{1-10} exceeds 5.9 × 10³⁶ erg s⁻¹ (MJD 59 969; see Fig. 3 and closed white contours at phases 0.0–0.2, 1.0–1.2 in Fig. 6). The dip reappears at a luminosity below 7.6 × 10³⁶ erg s⁻¹ (MJD 59995), which is close

to the luminosity at which it disappeared during the rising part of the outburst.

We then investigated the dependence of the 7-10/4-7 keV hardness ratio on the luminosity using the NICER data in order to study further the spectral transition of RX J0440 that occurred around MJD 59971 (Coley et al. 2023), when a dramatic change in its hardness ratio was detected. It was shown previously that such a dependence can be used to deduce the regime of accretion in the X-ray pulsars (see Reig & Nespoli 2013). The resulting pattern (see Fig. 8) consists of two branches. Here to convert the NICER 1-10 keV luminosity L_{1-10} to the bolometric one $L_{\rm X}$ (1–79 keV), we used a bolometric correction of 4.15, the ratio of the NICER and NuSTAR fluxes during NuObs2 observation. Similarly, we calculated the bolometric peak luminosity during the outburst $L_{\rm X} = 4.3 \times 10^{37} {\rm erg \ s^{-1}}$. The transition between branches occurred first at MJD 59971 at the luminosity L_X $\approx 2.8 \times 10^{37}$ erg s⁻¹ during the brightening phase of the outburst. The opposite transition occurred on MJD 59995 at an approximately the same luminosity during the decay of the outburst. This is in a good agreement with the times of transition from a double-peak to a singlepeak structure of the 0.3-12 keV pulse profile and a subsequent transition back to a one-peak structure during the rising and decay phases, respectively. We argue thus that both transitions have the same physical origin and are likely associated with a transition of the pulsar to the supercritical accretion state.

3.2 Spectral analysis

During the Type II outburst of RX J0440 in 2023, five broadband observations by *NuSTAR* and *INTEGRAL* were made near the peak of the outburst. We used the 4–79 keV *NuSTAR* data for the spectral analysis. For the *Swift* data, the 1–10 keV range was used.



Figure 6. Two-dimensional normalized 0.3–12 keV pulse profiles of RX J0440 based on the NICER data. The vertical red dashed lines indicate approximate phase boundaries for the secondary profile peak. The horizontal red strip shows the transition from a two-peak structure to a single-peak and the indigo strip shows the backward transition. White contours are superimposed for visual convenience. The colour bar indicates values of the normalized flux in the pulse profiles. Pulse profiles from the different time intervals can be found in Fig. 7.



Figure 7. Normalized pulse profiles of RX J0440 in the 0.3–12 keV band during the transition from a two-peak structure to a single peak based on the NICER data. The red vertical dashed lines indicate the approximate phase boundaries for the secondary peak.



Figure 8. Dependence of the hardness ratio (7-10/4-7 keV) on the 1-10 keV luminosity based on the NICER data. The grey strip indicates the transition between branches. The red points correspond to the outburst rise, while the blue points are for the outburst decay.

Data from *INTEGRAL*/ISGRI (35–150 keV), *INTEGRAL*/JEM-X1, and *INTEGRAL*/JEM-X2 (3–30 keV) were also used for analysis. To expand the energy range covered, we jointly modelled the *NuSTAR* observation NuObs1 with its nearby *Swift*/XRT observation (ObsID 00089583010, MJD 59969), as well as NuObs3 with its nearby *Swift*/XRT observation (ObsID 00089583030, MJD 60041). NICER/XTI data were not used for joint approximation due to its cross-calibration difficulties with the *NuSTAR* and *INTEGRAL* data. To take into account inaccuracies in the calibration between the detectors, we introduced the cross-calibration multiplicative component const (all model names correspond to those in XSPEC package).

To model broad-band continuum spectrum, we first considered several single-component models such as power law with an exponential cutoff (cutoffpl), as well as the Comptonization model comptt (Titarchuk 1994). To account for the interstellar absorption, we also included a multiplicative component tbabs with the abundances from Wilms, Allen & McCray (2000). A strong $K\alpha$ iron line which is present regardless of the choice of the continuum model was modelled using an additive gauss component. None of the one-component continuum models gave a satisfactory description of the spectrum and we added a 30 keV cyclotron line following Tsygankov et al. (2012), which led to some improvement in the approximation accuracy. However, still none of these models resulted in an acceptable fit, with the reduced chi-squared $\chi^2_{red} \gtrsim 1.2 - 1.3$. We thus decided to consider twocomponent continuum models comptt+comptt (see Tsygankov et al. 2019b) and cutoffpl+bbodyrad. The latter one was used by Tsygankov et al. (2012) to describe RX J0440 spectrum in the lowluminosity state (see Fig. 9h). Of the two two-component continuum models, the best-fitting is provided by the comptt+comptt model for all broad-band observations (see Table 2). An additional argument against choosing the cutoffpl+bbodyrad model is a high blackbody temperature of $T = (3.7 \pm 0.1)$ keV, which is not typical for Be/X-ray systems (Hickox, Narayan & Kallman 2004). In turn, the peaks of the comptt+comptt model at ~ 20 and \sim 45 keV agree with the typical hump positions in other X-ray pulsars (see, e.g. Doroshenko et al. 2012, 2021, 2022). An extra low-temperature blackbody component bbody was added to the continuum in observations NuObs1 and NuObs3. The results of approximation of INTEGRAL and NuSTAR spectral data are shown in Fig. 9. In the case of NuObs3 and September 2010 INTEGRAL



Figure 9. Unfolded spectrum of RX J0440 during outbursts in 2023 January– April and in 2010 September (Tsygankov et al. 2012) and its approximation with the two-hump comptt+comptt continuum model (solid lines in panel a), dashed lines represent humps separately. Red and black crosses are for the FPMA and FPMB telescopes respectively, light green for the *Swift*/XRT telescope, magenta crosses are for JEM-X2, blue for the *RXTE*/PCA, and orange for the *INTEGRAL*/IBIS. The spectra were spaced along the *y*-axis with the factors shown for visual convenience. The bottom panels show the residuals for different observations and continuum models: two-hump (IntObs2, panel b), two-hump (NuObs2, panel c), two-hump (IntObs1, panel d), two-hump (NuObs1, panel e), two-hump (NuObs3, panel f), two-hump (September 2010, panel g), cutoffp1+bbodyrad (September 2010, panel h).

observations at luminosities of $\sim 10^{36}$ erg s⁻¹, the two-hump model components peak at energies of ~ 10 and ~ 70 keV. The seed photon temperatures T_0 of both humps were tied together. Within the framework of this model, the optical depth of the high-energy hump cannot be constrained (i.e. has value >100), which makes its use in the model almost equivalent to using a blackbody. However, to keep the consistency with the previously published works, we continue to follow the generally accepted practice of describing such spectra with comptt+comptt model.

The large optical depth of the high-energy component implied by the fit is likely related to the nature of this component, which is produced by multiple Compton scatterings of the seed cyclotron photons in the neutron star atmosphere (Mushtukov et al. 2021; Sokolova-Lapa et al. 2021). The typical emission depth of seed cyclotron photons is related to the braking distance of the accretion flow in the neutron star atmosphere. Because Compton scattering is resonant around the cyclotron energy, the scattering cross-section can be orders of magnitude above the Thomson value (Daugherty & Harding 1986; Harding & Daugherty 1991). Under this condition, the photon mean free path is very small, and each photon undergoes many scattering before it is finally able to leave the stellar atmosphere. Resonant scattering of photons by hot electrons allows photons to experience significant changes in their energy within the Doppler core of the cyclotron line. As a result, many photons leave the atmosphere in the wings of the line where the crosssection is smaller and chances to leave the atmosphere are larger which leads to the formation of a broad high-energy component. However, even for photons leaving the atmosphere in the wings, the typical number of scatterings remains large because in each scattering photons tend to get energy close to the cyclotron one, i.e. photons are confined near the cyclotron energy (Mushtukov et al. 2022).

The results of the spectral approximation by the comptt+comptt continuum model are given in Table 2. The addition of the tbabs component improved the quality of the approximation only in the case of 2010 September observation, NuObs1, and NuObs3. The obtained hydrogen column density $N_{\rm H}$ turned out to be roughly consistent with the Galactic value in the direction to the source $(0.6 \times 10^{22} \text{ cm}^{-2}; \text{HI4PI Collaboration})$ 2016). In this regard, for the rest of the observations, where the $N_{\rm H}$ could not be constrained, we adopted its value from HI4PI $(0.6 \times 10^{22} \,\mathrm{cm}^{-2})$. Regardless of the two-component continuum model, the presence of a cyclotron resonant scattering feature (CRSF) was not required in the energy range of 1-79 keV.

The high quality of the NuSTAR data allowed us to study the evolution of the spectral parameters with the pulse phase in NuObs1 and NuObs2. We divided the NuSTAR data into 10 evenly distributed phases. The obtained phase-resolved spectra were approximated by the same model as the phase-averaged spectra (const × (comptt+comptt+gauss), see Fig. 10). The optical depth of the high-energy hump was fixed, however at $\tau = 200$ for phase-resolved analysis. Both NuObs1 and NuObs2 exhibit similar patterns in the evolution of their spectral parameters. The flux shows a strong correlation with the seed photon temperature T_0 and an anti-correlation with the low-energy hump temperature T_{low} . The high-energy hump temperature T_{high} dependency on the phase demonstrates a two-peak structure with the peak maxima at phases 0.55 and 1.05. The energy of the iron line E_{gau} did not show significant changes depending on the phase in the case of NuObs1, while in the case of NuObs2 there is a strong correlation with flux in the profile. The iron line normalization Normgau, the equivalent width EW_{gau} , and the iron line width σ_{gau} all have well-pronounced sinusoidal shape and demonstrate strong anti-correlation with the flux. Possible phase-transient cyclotron lines (see e.g. Doroshenko et al. 2017) were not found in any of the spectra.

To assess changes of spectral hardness with pulse phase, we examined a ratio of the unnormalized count rates in the 10–20 keV

| Table 2. | Spectral parameters of the | comptt+comptt model | applied to the broad-band | l observations of RX J0440. |
|----------|----------------------------|---------------------|---------------------------|-----------------------------|
|----------|----------------------------|---------------------|---------------------------|-----------------------------|

| | Observation | | | | | | |
|---|----------------------|--------------------------|---------------------|---------------------|----------------------|-------------------------------|--|
| Parameter | September 2010 | NuObs1 00 089 583 010 | IntObs1 | IntObs2 | NuObs2 | NuObs3 00 089 583 030 | |
| $\overline{N_{\rm H}, 10^{22} \rm cm^{-2}}$ | 0.08 ± 0.04 | 1.0 ± 0.2 | 0.6^{a} | 0.6^{a} | 0.6^{a} | 0.24 ± 0.05 | |
| T _{bb} , keV | - | 0.36 ± 0.02 | - | - | - | 0.93 ± 0.04 | |
| Norm _{bb} 10^{-3} ph keV ⁻¹ s ⁻¹ cm ⁻² | - | 8 ± 2 | - | - | - | $5.5^{+0.5}_{-0.4}$ | |
| T_0 , keV | 1.13 ± 0.02 | 1.18 ± 0.01 | 0.8 ± 0.1 | 0.9 ± 0.1 | 0.99 ± 0.01 | $1.61\substack{+0.05\\-0.04}$ | |
| $T_{\rm e,low},{\rm keV}$ | $6.4^{+1.2}_{-0.9}$ | 5.21 ± 0.05 | $5.6^{+0.3}_{-0.2}$ | 5.3 ± 0.2 | 5.48 ± 0.04 | $8.6^{+0.6}_{-0.5}$ | |
| $	au_{ m low}$ | 3.6 ± 0.4 | 6.59 ± 0.05 | $6.3^{+0.3}_{-0.4}$ | 6.4 ± 0.3 | 6.84 ± 0.04 | 3.0 ± 0.1 | |
| $T_{\rm e,high},{\rm keV}$ | $15.8^{+3.4}_{-2.0}$ | 11.0 ± 0.1 | 11.0 ± 0.2 | 11.0 ± 0.2 | 10.8 ± 0.1 | $20.3^{+4.0}_{-2.4}$ | |
| $	au_{ m high}$ | ≥100 | ≥ 100 | ≥ 100 | ≥ 100 | ≥ 100 | ≥100 | |
| $E_{\rm gau},{\rm keV}$ | - | 6.33 ± 0.01 | - | - | 6.38 ± 0.01 | 6.31 ± 0.01 | |
| EW _{gau} , keV | - | 0.099 ± 0.003 | - | - | 0.139 ± 0.004 | 0.040 ± 0.002 | |
| $\sigma_{\rm gau}, \rm keV$ | - | 0.24 ± 0.01 | - | - | 0.37 ± 0.01 | 0.17 ± 0.03 | |
| Norm _{gau} , 10^{-3} ph keV ⁻¹ s ⁻¹ cm ⁻² | _ | 10.6 ± 0.3 | - | _ | $19.0^{+0.6}_{-0.5}$ | 0.97 ± 0.01 | |
| $F_{1-79 \text{ keV}}$, $10^{-8} \text{ erg s}^{-1} \text{ cm}^{-2}$ | 0.089 ± 0.001 | 3.61 ± 0.01 | 4.4 ± 0.2 | 3.9 ± 0.2 | 4.659 ± 0.005 | 0.476 ± 0.001 | |
| $L_{1-79 \rm keV}, 10^{37} \rm erg s^{-1}$ | 0.063 ± 0.001 | 2.573 ± 0.005 | 3.1 ± 0.2 | $2.8^{+0.2}_{-0.1}$ | 3.319 ± 0.004 | 0.339 ± 0.001 | |
| χ^2 /d.o.f. | 368/294 | 3392/3237 | 47/40 | 46/40 | 3029/2784 | 3025/2765 | |

Note.^a Hydrogen column density $N_{\rm H}$ is taken from HI4PI, see Section 3.2.

to that in the 3–10 keV range and 20–30 keV to 10–20 keV (Fig. 10). As evident from the figure, there is a strong anticorrelation between hardness ratios and the flux with the linear cross-correlation coefficient of -0.74 for 10–20/3–10 keV and -0.72 for 20–30/10–20 keV for NuObs1. We note that this pattern is opposite to that observed in the case of another long-period pulsar eRASSU J050810.4–660653 (Salganik et al. 2022b), where a strong correlation between hardness and flux was observed at a similar luminosity $L_X \approx 2 \times 10^{37}$ erg s⁻¹.

4 DISCUSSION

4.1 Revision of the cyclotron line identification

As discussed above, modelling of the RX J0440 spectrum in broad energy range reveals no evidence for presence of narrow absorption features which could be interpreted as a cyclotron line as earlier reported in the literature (Tsygankov et al. 2012) despite significantly better counting statistics of the data set considered here. We note that a limited sensitivity of X-ray instruments capable of broadband spectroscopy implied that a detection of cyclotron line in most cases was only possible for relatively bright pulsars with luminosities $\gtrsim 10^{36}$ erg s⁻¹. At these luminosities the choice of a power law with an exponential cutoff as the main continuum model (see e.g. Coburn et al. 2002), which is characteristic of high accretion rates (Becker & Wolff 2007a; Farinelli et al. 2016), is indeed feasible. However, in recent years it has been shown that as soon as the luminosity of a Be/X-ray system is in the range $10^{34} - 10^{36}$ erg s⁻¹, the observed broad-band continuum changes and exhibits two broad peaks in the soft ($\leq 10 \text{ keV}$) and hard ($\geq 20 \text{ keV}$) bands, see, e.g. Tsygankov et al. (2019a) for the case of GX 304-1, Tsygankov et al. (2019b) for A 0535+262 and Lutovinov et al. (2021) for GRO J1008-57. Here, each of the components can be roughly approximated by the Comptonization model from Titarchuk (1994). We note that a similar spectral shape is observed at somewhat higher luminosities, albeit in a much less pronounced form (Tsygankov et al. 2019b; Doroshenko et al. 2020a). As a result of such spectral transitions at low luminosities, a deficit of photons naturally arises between these two spectral components and can be interpreted as an absorption feature, especially, if counting statistics is modest.

Tsygankov et al. (2012) used a combination of a cutoff power law (cutoffpl) and a blackbody (bbodyrad) for the approximation of the continuum of RX J0440 in the low-luminosity state. This resulted in a deficit of photons around 30 keV in the spectrum relative to the model, which was interpreted as the presence of CRSF (Fig. 9h). However, when the continuum can in fact be approximated by the previously mentioned comptt+comptt spectral model with the peaks at 10 and 70 keV, there is no deficit of photons (Fig. 9g). As we showed in Section 3.2, the continuum spectrum of RX J0440 in the bright state is well described by the two-component models bbodyrad+cutoffpl and comptt+comptt not showing any photon deficit around 30 keV. A similar situation was observed in the case of a pulsar KS 1947+300 (Doroshenko et al. 2020a), when a single spurious CRSF arose due to a continuum fit by a combination of the cutoffpl and bbodyrad models, but disappeared when a two-component comptt+comptt model was used. The absence of this deficit at high luminosities suggests that the gap between the humps observed at ~ 20 times lower luminosity (Tsygankov et al. 2012) and previously interpreted as the presence of CRSF is in fact of non-magnetic nature.

4.2 Indirect magnetic field estimates

Considering the conflicting reports regarding presence of a cyclotron line in the spectrum of the source, it is worth to estimate the magnetic field strength using other arguments some of which are discussed below.

4.2.1 Spin-up and accretion torque

The accretion torque acting upon the neutron star is proportional to the accretion rate and size of the magnetosphere. Thus the magnetic field can be estimated based on the observed maximum spin-up rate close to the peak of the giant outburst where any braking torques can be ignored. Although no orbital solution exists as of moment of writing, it is reasonable to assume that the spin evolution at this point is driven predominantly by accretion torque, which is confirmed by a strong correlation between the observed spin frequency derivative and flux which can be constructed as described



Figure 10. Dependence of the hardness ratios and the spectral parameters on the pulse phase for NuObs1 (*left-hand panel*) and NuObs2 (*right-hand panel*). The averaged pulse profile in a wide energy range 3–79 keV is superimposed in grey for visual comparison. Units of the parameters values coincide with those in Table 2.

in Doroshenko, Tsygankov & Santangelo (2016) and shown in Fig. 2. The maximum observed spin-up is $\dot{\nu} \approx 2.8 \times 10^{-11}$ Hz s⁻¹ at a bolometric luminosity of $\approx 4.1 \times 10^{37}$ erg s⁻¹ or accretion rate of $\approx 2.6 \times 10^{17}$ g s⁻¹ assuming a standard neutron star parameters, mass of $M = 1.4 M_{\odot}$ and radius of R = 12 km. The accretion-induced spin-up (neglecting spin-down torques) is defined by the inner radius of the accretion disc and accretion rate, i.e. $I\dot{\Omega} = \dot{M}\sqrt{GMR_d}$ or $R_d = (I2\pi\dot{\nu}/\dot{M})^2/GM \approx 2 \times 10^9$ cm for the moment of inertia of $I = 10^{45}$ g cm². The lower limit on the magnetic field strength can then be derived assuming that the disc is truncated at magnetosphere, i.e. the disc radius equals Alfv'en radius $R_d = R_A = [\mu^2/(2\dot{M}\sqrt{2GM})]^{2/7}$,

which yields $\mu \approx 6 \times 10^{31} \text{ G cm}^3$ or $B \approx 3.5 \times 10^{13} \text{ G}$. Note that in reality the disc likely pushes deeper into the magnetosphere, i.e. $R_d = kR_A$ with $k \sim 0.2 - 0.5$ (Ghosh & Lamb 1979; Doroshenko et al. 2020b), which correspondingly would require even stronger field of up to $\sim 10^{14}$ G.

4.2.2 Accretion regime transition

The geometry of the emission region in X-ray pulsars is known to be dependent on the mass accretion rate (Inoue 1975; Basko & Sunyaev 1976b): low mass accretion rates result in a hotspot geometry of

the emitting region, when the flow is stopped in the atmosphere of the neutron star due to the Coulomb collisions (Zel'dovich & Shakura 1969), while sufficiently high mass accretion rates onto the polar cups result in the appearance of extended emission regions – accretion columns. Changes in the geometry of the emitting regions are expected to be accompanied by changes of the X-ray beam pattern (and, therefore, the observed pulse profiles, see Gnedin & Sunyaev 1973) and details of the X-ray spectra formation (see, e.g. Lyubarskii & Syunyaev 1982; Becker & Wolff 2007b; Postnov et al. 2015). In particular, changes in the geometry of the emission regions can result in phase shifts of the peak in pulsations and switches from singlepeak to two-peaks pulse profiles.

At the supercritical accretion regime, the flux detected by a distant observer is expected to be composed of a direct flux from the accretion column and the column flux intercepted and reprocessed by the atmosphere of a neutron star (Poutanen et al. 2013). The direct flux is a subject of a gravitational light bending (Riffert & Meszaros 1988; Kraus 2001; Mushtukov et al. 2018). The light bending strongly affects the beam pattern and under certain conditions (see Mushtukov et al. 2018 for details) the dominant contribution to the flux can be provided by the column currently located behind a star in the observer's reference frame. If the accretion column is not high enough, it can be eclipsed by a neutron star. It leads to the appearance of a local dip at the maximum of the pulse profile, like it is seen in the supercritical state of RX J0440 (see the middle panel in Fig. 3).

The local dips in pulse profiles at the sub-critical state can be due to the absorption/scattering in the accretion channel above the neutron star surface. That, however, requires a specific viewing angle on a neutron star (the line of sight should go along the accretion channel at a specific phase of pulsations). This is a possible explanation for the dip observed at the low-luminosity state in RX J0440 (see the left-hand panel in Fig. 3). However, in order to confidently assert this interpretation, further studies are required.

Regarding the spectral changes, it has been noted by Postnov et al. (2015) that the hardness ratio in a few X-ray pulsars increases with the luminosity up to the critical luminosity value and then begins to decrease. The decrease of the hardness ratio at $L > L_{crit}$ was proposed to be due to the appearance of accretion column, whose radiation is largely intercepted and reprocessed by the neutron star surface (see, e.g. Poutanen et al. 2013; Mushtukov et al. 2018).

The observed luminosity of the accretion regime transition is defined by the local accretion rate and the magnetic field strength (Basko & Sunyaev 1976b) and thus can also be used to estimate the field. We measure critical luminosity of $L_{\rm crit} \approx 2.8 \times 10^{37}$ erg s⁻¹ from the observed turn-over point in the hardness-luminosity diagram (Fig. 8) as well as from the observed transition from a two-peak to a single-peak structure of the low-energy pulse profiles (Figs 6 and 7).

From a theoretical perspective, Becker et al. (2012) estimated $L_{\rm crit} \approx 1.5 \times 10^{37} (B/10^{12})^{16/15}$ erg s⁻¹. Therefore, the field of the order of 10^{12} G is fully consistent with the observed critical luminosity. We need to keep in mind, however, that there is a considerable uncertainty in theoretically predicted value of the transition (aka critical) luminosity. For instance, critical luminosity estimates by Mushtukov et al. (2015) imply field of the order of $\sim 10^{13}$ G (depending on assumed geometry), which appears to be more in line with the estimate based on maximal observed spin-up rate quoted above.

4.2.3 Cold disc accretion luminosity

It is interesting that the source flux in quiescence has been consistently reported to be relatively high (Reig & Roche 1999; La Palombara et al. 2012). This is not surprising given the long period of the source, which implies that upon transition to quiescence the accretion is not expected to be centrifugally inhibited, but rather a transition to a meta-stable accretion state when the pulsar accretes from a cold non-ionized disc can be anticipated (Tsygankov et al. 2017). The accretion luminosity is expected in this case to be:

$$L \le L_{\text{cold}} = 9 \times 10^{33} k^{1.5} M_{1.4}^{0.28} R_6^{1.57} B_{12}^{0.86} \text{ erg s}^{-1},$$
(1)

where $M_{1.4}$, R_6 , and B_{12} are neutron star mass, radius, and magnetic field normalized to $1.4 M_{\odot}$, 10^6 cm, and 10^{12} G, respectively. Reig & Roche (1999) estimated the quiescence luminosity of $\approx 1.7 \times 10^{34}$ erg s⁻¹ (recalculated for the distance of 2.44 kpc). From the equation above one can estimate that field of $B_{12} \simeq 5.0$ is required to match the observed luminosity for k = 0.5. One needs to bear in mind, however, that the luminosity reported by Reig & Roche (1999) corresponds to the average value following a long period of quiescence, and that is expected to be below the transitional luminosity L_{cold} . Indeed, La Palombara et al. (2012) report somewhat higher luminosity of $\approx 4.4 \times 10^{34}$ erg s⁻¹ that corresponds to $B_{12} \sim 15$ if the distance of 2.44 kpc is assumed. Again, this is in line with the other estimates quoted above and indicates a relatively strong field in excess of 10^{13} G.

5 SUMMARY

We presented here, the results of the first detailed study of the spectral and temporal properties of the Be/X-ray system RX J0440 during a giant outburst observed from the source in the beginning of 2023 using the data obtained by the NuSTAR, INTEGRAL, Swift, and NICER observatories. The evolution of the pulse profiles and the flux hardness during the outburst showed a transition, which can be interpreted as a transition from sub- to the supercritical accretion regime associated with onset of an accretion column at the luminosity $L_{\rm crit} \approx 2.8 \times 10^{37} {\rm erg \, s^{-1}}$. The pulse profiles show a two-peak structure before the transition to the supercritical accretion regime, while after the transition they show a single-peak structure. The profiles show a dip at luminosities up to $L_{\rm X} \approx 2.6 \times 10^{37} {\rm erg \, s^{-1}}$ which transits into a peak at energies above 26 keV according to the energy-resolved study. The PF showed a non-monotonic character with a gradual drop to 20 keV and a sharp increase above that energy and a minor drop at the energy of the iron line. The analysis of the pulse profile shapes and PF extends up to 120 keV near the peak of the outburst where statistics is sufficient.

A study of broad-band spectra near the outburst peak showed that the spectral continuum is best described by the two-component model comptt+comptt with components peaking at \sim 10-20 and 50-70 keV, respectively depending on the source luminosity. The results of the analysis of the phase-resolved spectra showed that the temperature of soft photons T_0 correlates with the flux, while the temperatures of the humps T_{low} and T_{high} , as well as the iron line flux and equivalent width anticorrelate with the Xray flux. The hardness ratios 10-20/3-10 keV and 20-30/10-20 keV both anticorrelate with the flux. Spectral modelling of both phaseaveraged and phase-resolved data do not require inclusion of the 30 keV cyclotron line to the continuum model. This allows us to conclude that the previously observed deficit of photons around 30 keV is of a non-magnetic nature. The likely spurious origin of the previously reported CRSF necessitates alternative magnetic field estimates which we also discussed. In particular, we conclude that the field must be greater than 10¹³ G based on the pulsar spin-up rates, the transition of the pulsar to the supercritical accretion regime, and its cold disc accretion luminosity. We note that in this case one

actually does not expect a detection of the CRSF within energy band of *NuSTAR* and thus non-detection of a line is not surprising.

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DATA AVAILABILITY

NuSTAR, NICER, *INTEGRAL*, and *Swift* data can be accessed from corresponding online archives.

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